



*Shefali Razdan Duggal*

PRESS CLIPS



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### An Advocate for Change

Donor Profile: Shefali Razdan Duggal



*From significant involvement in the 2008 and 2012 presidential campaigns to serving on the Human Rights Watch Council in Northern California, Apna Ghar supporter Shefali Razdan Duggal is no stranger to activism.*

Shefali's passion for activism started at a young age. As new immigrants, her parents promoted the classic American ideal of opportunity and achievement. "The principles of this wonderful nation authentically encompass equality and fairness. That idealism... is what I am attempting to contribute towards," she says.

While Shefali is a community leader today, her path was not an easy one. During her childhood, she recalls her father's lack of self-control creating a volatile environment for her family. She, her mother, and brother were always in "survival mode." "After the situation dissipated due to another act of selfishness by my father - him leaving us with nothing - my mother, brother, and I came to realize how much we needed one another," she says. The support they gave each other was necessary for their emotional and mental health.

Shefali feels a responsibility to empower survivors of domestic violence and to amplify their voices because of her experiences. "It is my obligation, as a considerate, reflective human being, to do what I can to help those who need a helping hand, a delicate ear, and a soft heart to ease their own burdens and pains. It is my duty to God. It is my duty to my mother."

Apna Ghar's mission resonates with Shefali. "To contribute my effort [to Apna Ghar] is something which I would have done for a family member. Since I fundamentally believe that the human race is encompassed of a larger family, Apna Ghar particularly helps many of my sisters."