



Shefali Razdan Duggal

PRESS CLIPS



Shefali Razdan Duggal: Co-Chair, DNC Women's Leadership Forum – Interview with Sava360, Part 2

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Who is Shefali Razdan Duggal?

Sava360 conducted an intimate interview with Shefali Razdan Duggal as part of our *'Day In The Life Of'* series. A political junkie at heart, Duggal has become one of the most sought after political campaigners even as she advocates for women, the South Asian community and anyone else she believes is being unfairly and under-represented. As Co-Chair of DNC Women's Leadership Forum and a member of the DNC's National Finance Committee, she knows all the right people in all the right places, ensuring that her voice and those she advocates for are being heard.

[S360]: Alarm clock or body clock?

[SRD]: Alarm clock, although I do often wake up a few minutes before it rings.

[S360]: First thought of the day?

[SRD]: I pray a multi-step prayer immediately when I awake every morning.

[S360]: Sit down breakfast with the family or breakfast on the go?

[SRD]: I sit down to share breakfast with my children every morning.

[S360]: iPhone, Samsung, other?

[SRD]: iPhone

[S360]: Prefer email, text, call or tweet..or all?

[SRD]: Call, email, text...in that order.

[S360]: First news source check of the day? Second?

[SRD]: CNN Headline News on television, then Politico and CNN on my phone.

[S360]: Favorite political pundit/political blogger?

[SRD]: Rachel Maddow

[S360]: How many/which languages spoken?

[SRD]: English is the only spoken language for myself, although I 100% understand Kashmiri (do not speak, though).

[S360]: Take a deep breath or take a walk when stressed?

[SRD]: Take a walk.

[S360]: Favorite time of the day?

[SRD]: Morning.

[S360]: Most productive time of day?

[SRD]: Morning.

[S360]: Evening tea or evening cocktail?

[SRD]: Neither! I do not drink caffeine or alcohol. Evening lay down in the bed to watch American Idol with my children would be my most comforting relaxation.

[S360]: Wow – no caffeine or alcohol?? Very impressive! Last song listened to in MP3 of choice?

[SRD]: Hallelujah by the Canadian Tenors.

[S360]: Current book/magazine on your bedside table?

[SRD]: Joel Osteen's 'Break Out! 5 Keys To Go Beyond Your Barriers and Live an Extraordinary Life'

[S360]: Last thought before closing your eyes?

[SRD]: I pray and thank God for the blessing of that day. If something particularly wonderful happened, I especially thank Him for that moment. If it was a generally wonderful day, I throw up a "Thank you, God...YOU ARE AWESOME!" heart prayer to Him. The evening prayer is often quick. I tell my children that if all you do is say, "Thanks, God,"...that is a prayer of gratitude and that makes God very happy.